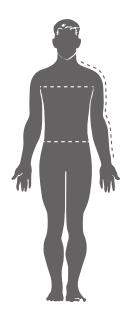


HOW TO MEASURE SIZE CHARTS

A+ garments are made for comfort and ease of movement. If you're not sure what size to order, take some measurements and use our size charts on the next pages to find the right fit. For both women and men, we recommend measuring over your undergarments, not over other clothing. Wrap a tape measure comfortably around your body; don't make it too tight. You might have to have someone help you.

The fit and comfort of any garment will depend on your personal preferences, so these size charts are simply a guide. If you have questions about sizing, please call your dedicated customer service representative at 877-632-7587. We'll be happy to answer your questions!



Neck

Measure around the lower part of the neck.

Chest/Bust

Measure around your shoulder blades and the fullest part of your chest, keeping your arms comfortably at your sides.

Waist

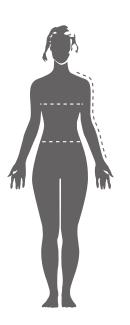
Measure around your natural waistline (for men, just below your navel).

Sleeve Length

Measure from the center of the back of your neck, over the top of your shoulder, and down to your wrist. Keep your arms comfortably at your sides.

Inseam

Take this measurement from a nice-fitting pair of pants of a similar style. Measure the garment inseam from the crotch seam to the hem.



WOMEN'S PANTS AND SHORTS															
Women's	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Waist	25½	26½	27½	281⁄2	29½	31	32½	34	36	38	40	42	44	46	48
Pants Inseam	30½	30½	30½	301⁄2	31½	31½	31½	31½	32½	32½	32½	32½	32½	32½	321/2
Shorts Inseam	81⁄2	81⁄2	81⁄2	81⁄2	81⁄2	81⁄2	81⁄2	81⁄2	8½	9	9	9	9	9	9

Note: All measurements are in inches