



HOW TO MEASURE SIZE CHARTS

A+ garments are made for comfort and ease of movement. If you're not sure what size to order, take some measurements and use our size charts on the next pages to find the right fit. For both women and men, we recommend measuring over your undergarments, not over other clothing. Wrap a tape measure comfortably around your body; don't make it too tight. You might have to have someone help you.

The fit and comfort of any garment will depend on your personal preferences, so these size charts are simply a guide. If you have questions about sizing, please call your dedicated customer service representative at 877-632-7587. We'll be happy to answer your questions!

Neck
Measure around the lower part of the neck.

Chest/Bust
Measure around your shoulder blades and the fullest part of your chest, keeping your arms comfortably at your sides.

Waist
Measure around your natural waistline (for men, just below your navel).

Sleeve Length
Measure from the center of the back of your neck, over the top of your shoulder, and down to your wrist. Keep your arms comfortably at your sides.

Inseam
Take this measurement from a nice-fitting pair of pants of a similar style. Measure the garment inseam from the crotch seam to the hem.

SWEATERS								
Men's/Unisex	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	40	43	46	50	54	58	62	66
Sleeve Length	32½	33½	34½	35½	36½	37½	37½	37½
Women's	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	38	40	43	46	49	52	55	58
Sleeve Length	30	31	32	32	33	33	33	33

Note: All measurements are in inches