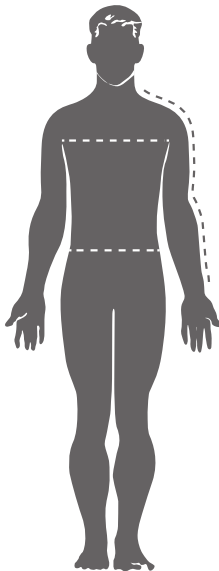




HOW TO MEASURE SIZE CHARTS

A+ garments are made for comfort and ease of movement. If you're not sure what size to order, take some measurements and use our size charts on the next pages to find the right fit. For both women and men, we recommend measuring over your undergarments, not over other clothing. Wrap a tape measure comfortably around your body; don't make it too tight. You might have to have someone help you.

The fit and comfort of any garment will depend on your personal preferences, so these size charts are simply a guide. If you have questions about sizing, please call your dedicated customer service representative at 877-632-7587. We'll be happy to answer your questions!



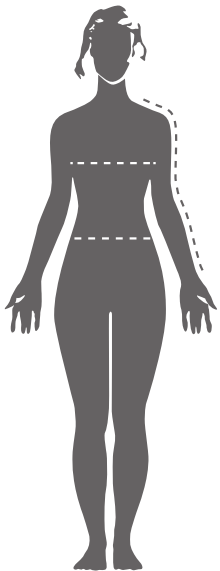
Neck
Measure around the lower part of the neck.

Chest/Bust
Measure around your shoulder blades and the fullest part of your chest, keeping your arms comfortably at your sides.

Waist
Measure around your natural waistline (for men, just below your navel).

Sleeve Length
Measure from the center of the back of your neck, over the top of your shoulder, and down to your wrist. Keep your arms comfortably at your sides.

Inseam
Take this measurement from a nice-fitting pair of pants of a similar style. Measure the garment inseam from the crotch seam to the hem.



JUNIOR'S PANTS AND SHORTS

Junior	0	1	3	5	7	9	11	13	15	17	19	21	23	25	27
Waist	27	28	29	30	31½	33	34½	36	37½	39	40½	42	43½	45	46½
Pants Inseam	31½	31½	31½	31½	31½	32½	32½	32½	32½	33½	33½	33½	33½	33½	33½
Junior Mid-Rise	0	1	3	5	7	9	11	13	15	17	19	21	23	25	27
Waist	27	28	29	30	31	32	33½	35	36½	38	39½	41	42½	44	45½
Pants Inseam	31½	31½	31½	31½	31½	32½	32½	32½	32½	33½	33½	33½	33½	33½	33½
Shorts Inseam	8½	8½	8½	8½	8½	8½	8½	8½	8½	8½	9	9	9	9	9

Note: All measurements are in inches